



Coaching Director September 2017

2017 has just flown for NSW polocrosse and our coaching / managing community.

I would like to congratulate all players, coaches, team managers and supporters for the fantastic results that were achieved in 2017. A new event was held at the Rosebowl Carnival Warwick this year with Sub Juniors and Masters Women competition being run. More than likely this will be a continuing event and I would like to thank the Coaches and Team Managers for their effort under short notice.

Coaches Accreditation Courses

For all those wanting to do their Coaches Accreditation we will be running a Level 1 (L1) Coaching Accreditation Course for the Northern Area and the Southern Area in October 2017. I have split the areas up to make the travel easier for all members when they are coming to the course.

Emails have been sent out to each Zone Coaching Director calling for nominations for people to do their coaching level 1. It is expected that each club will nominate a minimum of two members it feels would be beneficial in a coaching capacity to their club or zone or state. This will ensure that minimum numbers of approximately 20 potential coaches to run the course in each area will occur.

The Northern area will incorporate the following zones, Hunter Valley, Western Districts, North West Plains and Northern New England. The Northern Course will be held at Gunnedah on the 13th (evening) and 14th (Saturday) of October.

The Southern area will incorporate the following zones, South West Slopes, Southern Highland, Central West and Riverina. The Southern Course will be held on the 28th (evening) and 29th (Saturday) of October. Venue to be decided.



This year the course will be presented differently with work to be done at home (thought you had left school) then discussed and tested on the Friday evening. Saturday will be a full day as it would normally be with practical and testing.

Logbooks

Historically Log books are due yearly on the 31st of December however this year Electronic logbooks will be sent out on the 1st of November 2017 with close off the 1st of December (to try beat the Christmas rush), I have hopefully ironed out all the

minor glitches we had last season and it will become a smooth process. The paper log books will be due the same time as per normal being the 31st of December however it is a slow process with a high percentage of people not sending their logbooks to their zone coaching director or myself within the timeframe or at all.

High Performance Group

Working in this position for the past 18 months I have seen the need for a secondary level of our coaching which would cover coaches/team managers that are doing state level events. Currently we have no program in place to further educate and mentor other than a level two accreditation which most coaches don't undertake in their career however they will coach/manage at state events.

Therefore I think we should look at starting a High Performance Group which will focus on high performance coaching, mentoring and managing for sport people and horses. From this group our coaches and team managers for the 2018 Nationals at Perth could be selected. Members of this group can also be used for mentoring of other L1 accredited coaches. Invitees will include potential state coaches/ team managers and current state coaches/team managers.



To be part of the high performance group the expectations need to be met.

- Financial/Social Member on the NSW Database
- Up to date Electronic Logbook
- Up to date Working With Children Check
- Understand and meet Team Expectations (this has been formed as a result of surveys from 2016 Nationals)
- Understand and meet State Expectations.
- Basic Rulebook understanding
- The want to improve your Coaching and Team Managing Ability. In conclusion NSW Polocrosse has had a successful year from a player, coach and team manager perspective. To continue this success is to ensure growth by developing and encouraging more people to take on coaching /management roles and for those already in these roles to develop, encourage and elevate performance.

Kind Regards

Christie Hunt

NSW Coaching Director