



**Polocrosse Association of Australia Junior Squad
Polocrosse Squad Boot Camp
&
Australia Versus South Africa Test**

WE NEED YOU...COACHES, MANAGERS & UMPIRES

Background...

Polocrosse Association of Australia Junior Squad – Polocrosse Squad

As part of the Polocrosse Association of Australia (PAA) Junior Development Program - *Polocrosse Squad* – the PAA asked all eligible Juniors between the ages of 12 and 16 in the year 2009 to nominate for the PAA Junior Squad 2009.

The PAA Junior Squad will be established to develop and train Juniors for Elite Level Polocrosse.

The Squad will consist of a number of Junior Players from around Australia, the squad will be selected by December 2008.

The Squad will have the opportunity to participate in a week long boot camp, in a non-Nationals Year. The format will involve the establishment of mixed playing teams; the teams will be coached and trained in personal fitness, diet, nutrition, horsemanship, game tactics and strategies. At the conclusion of the Camp there will be a round-robin competition. The one week program will be run on Australian rules. The Horse draw will be based on a similar plan that was used at the World Cup - using allocated Pool Horses (each team will be allocated upon arrival at the Boot Camp).

The emphasis upon round-robin is not the winning of the final – but displaying the skills learnt during the boot camp. The Australian Selectors will then select and announce an Australian Junior Team from the Squad. This Team will then play in a Test Match with South Africa in April 2009.

The Boot Camp and Test will be held in Sale, Victoria.

Boot Camp will be held from **19 - 26 January 2009**

Test Series will be held from **10-12 April**, in conjunction with the Sale Club Tournament.

It is anticipated that **you** the Coaches, Umpires and Team Managers will play an active and integral part in the Boot Camp and Test Series. During the Boot Camp the Juniors will be coached and trained in all aspects of the game as well as personal fitness, diet and nutrition. If **you** have a particular interest and skills in these areas and **you** would like to further **your** own training in Junior Development and International Polocrosse, we would love to hear from **you**.

If **you** would like to submit an Expression of interest please complete the form on page 2 and send to **Polocrosse Australia by 27 November 2008**. *Please note that Coaches that participate will receive RPL credits towards their Level 2.*

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Nomination for: <i>please circle</i>	Coach	Team Manager	Umpire
Full name			
Address			
Date of Birth			
Telephone/Mobile/Fax			
Email			
Currently a Member of which Club?			
Number of Years involved in <i>Coaching/Managing/Umpiring</i>			
Coach and/or Umpire Level			
Please list your past and present involvement in <i>Coaching/Managing/Umpiring</i>			
Please include any other relevant information and/or areas of expertise and interest:			

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