



THE POLOCROSSE ASSOCIATION OF AUSTRALIA INC.



UPDATING POLICY FOR POLOCROSSE ACCREDITED COACHES JANUARY 2006

ASC Approved Polocrosse updating activities include:-

- ❖ Attending an Accreditation Course at the next level.
- ❖ Coaching face to face.
- ❖ Sports related workshops and seminars approved by the National and State Coaching Directors.
- ❖ Training Camps.
- ❖ Lecturing at a Coach Education Course.
- ❖ Sports related Tertiary Study.
- ❖ ASC organised events.
- ❖ Work with a master Coach.
- ❖ Involvement in State National & International Camps as a Coach.
- ❖ Referees/officials Courses approved by the National and State Coaching Directors.
- ❖ Events specified and approved by the National and State Coaching Directors.
- ❖ First Aid/Cardio-Pulmonary Resuscitation/ASMF Sports.
- ❖ Trainer Qualifications.
- ❖ Coaching development role in club.

The ASC has specified the following number of hours of up-dating activity for each of the Accreditation Levels.

LEVEL I

- * Attain Level II
- * Complete 24 hrs in 4 years by:
18 hrs coaching face to face plus
6 hrs any other listed activities OR
12 hrs coaching face to face plus
12 hrs any 2 other listed activities
OR 12 hrs mentoring.

LEVEL II

- * Attain Level III
- * Complete 48 hrs in 4 years by:
36 hrs coaching face to face plus
12 hrs any other listed activities OR
24 hrs coaching face to face plus
24 hrs any 2 other listed activities
OR 24 hrs mentoring.

LEVEL III

- * Complete 100 hrs in 4 years by:
75 hrs coaching face to face plus
25 hrs any other listed activities OR
50 hrs coaching face to face plus
50 hrs any 2 other listed activities
OR 50 hrs mentoring.

ASC Log Books to be used for up-dating commencing from 1st January 1992. You should check with your State Polocrosse Coaching Director to find out how up-dating operates in Polocrosse. Each Coach is responsible to make sure the Coaching Director sees the book and marks the Record.

**** To update for either Level I or Level II coaches must re-qualify by either attending a Level I Course or having 8 hours of an approved updating activity and by being recommended by the State Coaching Director.